

Overview of Services — 115 Barrack Street

Hours of operation: Monday to Friday: 8 am to 12 pm / 1 to 4 pm
Weekends and statutory holidays: 9:30 am to 1 pm



Youth (16-24)	Adults (18+)	For the Whole Community
Drop-in space and supportive programming (20 Montreal St.)	Needle syringe program	Used needle pick-up
	Primary health care	
	Counselling	
	Methadone maintenance treatment	Hepatitis C awareness raising
	Naloxone overdose prevention kits	
	Hepatitis C treatment	
Harm reduction supplies		
Indigenous health programming		
Practical assistance		



A part of **Kingston Community Health Centres**, Street Health Centre is a multi-service harm reduction health centre open 365 days a year offering education, treatment and youth services through a multidisciplinary team of registered nurses, nurse practitioners, physicians, outreach workers and counsellors.

**Caring. Responding.
Building Community.**

115 Barrack Street
Kingston ON K7K 1G2
P: 613.549.1440
F: 613.549.7986
info@kchc.ca
www.kchc.ca

We offer services in a non-judgmental environment to the whole community with a focus on people who are using street substances, involved in the sex trade, homeless, recently released from incarceration, youth at risk or street-involved.

Supported by:



/KingstonCHC



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Needle Syringe Program and Harm Reduction Supplies

Free, clean, sterile equipment for people using injection and inhalant drugs.

- Drop in or call for outreach.
- Used needle pick-up in the community.
- Strictly confidential.



Opioid Overdose Prevention

Free naloxone kits, training and outreach to prevent opioid overdose in our community.



Methadone Maintenance Treatment

A safe, legal maintenance routine which, when combined with counselling and other medical care, dramatically improves health, functional stability and quality of life.

Hepatitis C Treatment and Education

A holistic model of care for this manageable chronic illness including physical, emotional and practical support.

- Hepatitis C testing and treatment
- Individual and group support
- Community outreach

Primary Health Care

Pre-booked or same-day appointments for health assessments, treatment and routine care for people in our priority populations:

- Using street substances
- Involved in the sex trade
- Homeless
- Recently released from incarceration
- Youth at risk
- Street-involved

We also offer **acupuncture** for relaxation.

Counselling, Practical Assistance and Advocacy

Basic needs, referrals, life skills support and personalized counselling on issues related to:

- Drug use
- Addictions
- Sexual health
- Mental health
- Hepatitis C
- Smoking cessation
- Pregnancy and child protection issues complicated by substance abuse and practical needs

The Youth Space

Drop-in space and supportive programming:

- Hepatitis C information and support
- Harm reduction education and supplies
- Indigenous health
- FUSE group (LGBTQ)
- Food and clothing cupboard
- Sexual health information and condoms
- Community referrals and outreach
- Recreational activities
- Housing and job board
- Internet access

Call 613.876.3449.

Indigenous Health

A Traditional Medicine Person: Elder/Healer offers counseling and Traditional Teachings, plant-based medicines and ceremony to promote health and wellbeing. Open to all.

Other Sites

Kingston Community Health Centres Main Site
263 Weller Ave.
Kingston ON K7K 2V4
613.542.2949

Programs, services and a community gathering space to support all aspects of health through all stages of life: early child development, academic and career mentoring, primary health and dental care, health education, active living, immigrant services and advocacy, special events and access to healthy, affordable food.

Ontario Harm Reduction Distribution Program
115 Barrack St., Suite 200
Kingston ON K7K 1G2
613.544.9735

Supports needle syringe programs across the province making harm reduction supplies and resources available in over 110 towns and cities.
www.ohrdp.ca

Napanee Area Community Health Centre
26 Dundas St. W.
Napanee ON K7R 1Z4
613.354.8937

Programs and services for Napanee and area, with a small site in Deseronto, including primary health care, counselling, Indigenous health and youth programming, diabetes education, advanced footcare, sexual health clinics and harm reduction supplies.