

Overview of Services — 26 Dundas St. W.

Hours of operation: Monday to Friday: 8 am to 12 pm / 1 to 4 pm
 Wednesday Closed 11 –1 Thursday: also open 5 to 8 pm ♦ Saturday & Sunday: closed



Napanee Area Community Health Centre
 A part of Kingston Community Health Centres (KCHC)

Children	Youth	Adults (18+)	For the Whole Community
Fluoride varnish	Structured programming and activities for youth ages 14-18	Diabetes education	Community gathering space
		Advanced foot care	
	Smoking cessation		
	Sexual health clinics		
	Harm reduction supplies		Access to healthy, affordable food through the Good Food Box program
Indigenous health programming			
Counselling			
Primary health care			
Access to other health services such as telemedicine and care coordination			



A part of **Kingston Community Health Centres**, Napanee Area Community Health Centre offers primary health care and a variety of programs and services to residents of Napanee and area, with a small site in Deseronto.

**Caring. Responding.
 Building Community.**

26 Dundas Street West
 Napanee ON K7R 1Z4
P: 613.354.8937
F: 613.354.8940
info@kchc.ca
www.kchc.ca



/KingstonCHC



@KingstonCHC

Supported by:



Primary Health Care

For rostered patients, **by appointment:**

- Primary health care

Open to the public, **by appointment:**

- Advanced foot care (with doctor's referral)
- Smoking cessation
- Sexual health
- Diabetes education



Salmon River Health Link

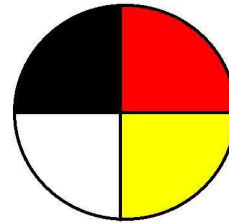
Coordinating care to better meet the needs of patients with multiple, complex health conditions. For residents of:

- Greater Napanee
- Deseronto
- Tyendinaga Township
- Tyendinaga Mohawk Territory

Indigenous Health

Open to anyone seeking culturally relevant care. An Elder/Healer, Indigenous Nurse Practitioner and Indigenous Community Development Worker offer the following:

- Primary health care
- Blood pressure screening
- Traditional healing
- Drum circles
- Cultural activities



Needle Syringe Program and Harm Reduction Supplies

Free, clean, sterile equipment for people using injection and inhalant drugs.

- Available daily during clinic hours



Youth Space

Structured programming and activities for youth ages 14-18:

- Tuesdays & Thursdays, 3-6:30 pm



Counselling & Practical Assistance

Counselling and therapy sessions for individuals, couples, youth and families.

Group sessions related to self-care, wellness and the management of powerful emotions.

Seasonal programs offering:

- School supplies
- Winter boots

Telemedicine and Self-Management

Access to a specialist anywhere in Ontario with Telemedicine using secure, two-way videoconferencing. **Free** to Ontario residents with a valid OHIP card. telemedicine@kchc.ca

Living Well self-management programs including Chronic Pain, Diabetes and Chronic Conditions. www.livingwellseontario.ca

Other Sites

Salmon River Health Link Site

310 Bridge St. E.
West Wing "C"
Napanee ON K7R 0A4

Napanee Area Community Health Centre Deseronto Site

344 Main St.
Deseronto ON K0K 1X0

Primary care, advanced foot care, diabetes education, community and sexual health, blood pressure clinic and Indigenous drum circles.

Kingston Community Health Centres Main Site

263 Weller Ave.
Kingston ON K7K 2V4
613.542.2949

Programs, services and a community gathering space to support all aspects of health through all stages of life: early child development, academic and career mentoring, primary health and dental care, health education, active living, immigrant services and advocacy, special events and access to healthy, affordable food.

Street Health Centre

115 Barrack St.
Kingston ON K7K 1G2
613.549.1440

A multi-service harm reduction health centre open 365 days a year offering education, treatment, Indigenous health and youth services through a team of registered nurses, nurse practitioners, physicians, outreach workers and counsellors.