



## Stroke Survivor Support Group

Focus is on maintaining hope, a healthy lifestyle and connections in the community. Provides social and emotional support to deal with life changes related to a stroke.

**Where:** Napanee Area Community Health Center  
26 Dundas Street West, Napanee

**When:** 2<sup>nd</sup> Monday of the month from  
2:00-3:30pm - starting January 8<sup>th</sup>, 2018

**There is no cost to attend. New members are welcome!**

**To register please contact:**

Meighen Hodgen BSC. R KIN.

Stroke Support Services Coordinator

Phone: 613-634-0130 ext 3469. Email: [Meighen.Hodgen@von.ca](mailto:Meighen.Hodgen@von.ca)

